

Lone Star Behavioral Health

**Guidelines for Patient's Personal Belongings**

For your safety and the safety of all the other patients, personal belongings are restricted as follows:

- **Clothing** –
  - 1) 3 sets of clothes: 1 top and 1 bottom per change of clothing  
(The outfit you arrive in is considered one set of clothing)  
Shorts must be knee length  
Tops must have straps at least 2 inches wide. No exposed body parts.  
Tops must cover the mid section. (No cut-off or crop tops)
  - 2) 1 jacket – No strings such as on a hoodie
  - 3) 3 sets of undergarments
  - 4) 1 pair of pajamas (must adhere to the shorts & top guidelines stated above)
  - 5) 2 pair of shoes – No shoe strings allowed, no heavy boots or steel-toe shoes
  - 6) 3 pair of socks
  - 7) No belts
- **Toiletries** –
  - 1) LSBH provides all necessary toiletry items. If you want to bring your own toiletries, they must be in a container of 4 oz. or less. If you have a medical reason for using a specific type of toiletry article that is not on the “normal list of toiletries”, a Dr.’s order for the item may be needed.
- **Makeup** –
  - 1) Makeup is allowed in minimal amounts.
- **Jewelry** –
  - 1) No jewelry is allowed. No exceptions. Please do not bring it with you.
- **Personal devices** –
  - 1) Glasses – may be worn
  - 2) Hearing aid – may be worn
  - 3) Contact lens – may be worn. Solution must be kept in nurses’ station.
- **Electronic devices** –
  - 1) No electronic devices are allowed. This includes: laptop, cell phone, charger, Kindle, Ipad, Ipad, hair dryer, etc.
- **Valuables** – **SHOULD NOT BE BROUGHT**
  - 1) Purses, Wallets, keys, etc. will be locked in a secure place. Items may only be accessed upon patient discharge.
- **Medications** –
  - 1) Personal medication may not be taken during your stay at LSBH. Please bring a list of your medications and not the medication itself unless asked by the LSBH staff/Pharmacist to do so. This includes vitamins, supplements, and natural products.
- **Food/Drink**-
  - 1) All patients are under the care of the LSBH dietitian. No outside food or drink may be brought in.
- **Misc. Items** –
  - 1) Book, BIBLE, journal (no pens or pencils) may be brought.
- **Bedding and Bath towels** –
  - 1) Provided by LSBH. Additional items may not be brought from home.
- **Cigarettes**- Patients may bring their own or a limited number of generic brand cigarettes will be provided by LSBH. LSBH Staff cannot purchase cigarettes for patients. Visitors may bring cigarettes but they cannot bring them for patients other than their own friend/family member. No lighters allowed.

I have read the guidelines above and agree to abide by them.

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Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
LSBH Staff Witness Signature

\_\_\_\_\_  
Date